



Policy 2.19

**Kitebrook Preparatory School Relationships, Health and Citizenship
(RHC) Policy**

(Including boarding, day and EYFS pupils)

Updated:	01.09.25
Reviewed by:	GP
Next Review date:	01.09.26

1. Aims of the Kitebrook school with regard to Relationships, Health and Citizenship:

1.1 A consideration for others, and an understanding of the world around us (including different religions and cultures) is central to all that we do at Kitebrook. As well as this, it has always been the case that children have been encouraged to express their opinions, and to know that their thoughts and feelings will be heard and respected.

- Our aim is that our children should become confident young people, and our belief is that this can only come from creating a happy environment and happy children.
- Pupils are given the opportunities, responsibilities and experiences to help them prepare for later life.
- Kitebrook promotes the spiritual, moral, cultural, social, mental and physical development of pupils at the school and in the wider community. Our last ISI inspection found Kitebrook was strong in this area.

1.2 In a very general sense Kitebrook could be described as a Church of England school. Christian values are at the heart of what we believe in, and how we aim to live our lives, and children are taught the Bible stories, and follow a Christian calendar throughout the year (Christmas, Easter, etc.). Kitebrook does not discriminate against any cultures, religious beliefs or views. We actively promote a culture of respect and tolerance amongst both staff and pupils.

2. Tutor/Class Time and RHC Scheme of Work

2.1 Both form time and RHC schemes of work offer teachers the opportunity to raise issues that relate specifically to their children, and the circumstances in which they find themselves. This can be as focused and obvious as circle time, or as subtle as reading a story that has in it a message that the teacher wants to convey. Sensitive topics such as bullying, personal relationships and personal development can best be discussed avoiding prejudice –based language. We actively promote Fundamental British Values.

2.2 The school offers age appropriate guidance on:

- Drug education
- Careers education
- Financial education
- Relationships and Health education. The school follows the compulsory curriculum (from Sept 2020) whereby pupils are taught relationship education throughout the school, and sex education to Secondary School aged pupils - Years 7&8. Please refer to the RHC Department Handbook for more information.
- The importance of physical activity and a diet for healthy lifestyle

All are covered in a variety of methods including Prayers, Science, RHC, P.E and outside visitors and form time.

3. Topic studies

3.1 Through History, Geography and RHC topic studies, the children can learn about the lives that are very different from their own, and more about the world, both past and present. They will learn about Economic education and respect for other people, with particular regard to protected characteristics. In Spirituality, children learn about Christianity, Islam, Hinduism, Sikhism, Buddhism, and Judaism.

4. E-Safety

5.1 Online Safety is taught during Computing lessons and as part of RHC lessons, this includes education about misinformation and disinformation, as well as staying safe online. The older children are also encouraged to prepare and present on e-safety to achieve their E-safety Badge.

5. Safeguarding

6.1 Pupils are taught an awareness of safeguarding issues and given guidance on people to talk to or to contact. They are reminded that Kitebrook is a 'SHARING' school and they may speak with the Head or staff member at any time without feeling it is wrong to do so. There are ways for children to report concerns anonymously (Biff in younger years, Online SHARE form in older years). There is an independent listener for our boarders.

6.2 Refer also to the school's Curriculum policy, PREVENT policy, Safeguarding policy, RSE policy, and Online safety policy.