Kitebrook PREPARATORY SCHOOL

WEEKLY MENU

WEEK - 8 BREAKFAST

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Tea, Coffee and Fruit Juices	Tea,Coffee and Fruit Juices	Tea,Coffee and Fruit Juices	Tea,Coffee and Fruit Juices
	Yoghurts and Fresh Fruit	Yoghurts and Fresh Fruit	Yoghurts and Fresh Fruit	Yoghurts and Fresh Fruit
DAILY BREAKFAST ITEMS	Kitebrook Cotswold Breakfast, Country Butcher Smoked Bacon, Farm Pork Sausage, Bicester, Fried Eggs, Hash Browns, Oven Baked Tomato, Baked Beans	Kitebrook Cotswold Breakfast, Country Butcher Smoked Bacon, Farm Pork Sausage, Bicester, Fried Eggs, Hash Browns, Oven Baked Tomato, Baked Beans	Kitebrook Cotswold Breakfast, Country Butcher Smoked Bacon, Farm Pork Sausage, Bicester, Fried Eggs, Hash Browns, Oven Baked Tomato, Baked Beans	Kitebrook Cotswold Breakfast, Country Butcher Smoked Bacon, Farm Pork Sausage, Bicester, Fried Eggs, Hash Browns, Oven Baked Tomato, Baked Beans
TOASTING STATION	Selection of Breads Croissant Spreads and Preserves	Selection of Breads Croissant Spreads and Preserves	Selection of Breads Croissant Spreads and Preserves	Selection of Breads Croissant Spreads and Preserves

Kitebrook PREPARATORY SCHOOL

WEEKLY MENU

WEEK 8 - LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH	Country Butcher Sausages, Sage & Onion	Country Butcher Roast Apple Sauce/Gravy	Chicken Korma Curry	Beef Ragu With Roasted Peppers	Battered Cod Fillet Tartare Sauce/Lemon
VEGETARIAN	Stuffed Mushrooms Spinach and Roasted Veg	Roasted Butternut And Spinach Wellington	Roasted Vegetable and Chick Pea Curry	Roasted Vegetable and Spinach Gnocchi	Panfried Spiced Halloumi
SIDES	Roasted New Potatoes With Garlic and Rosemary Curly Kale Steamed Broccoli Steamed Cauliflower	Roast Potatoes Roasted parsnips Braised Red Cabbage Honey Roasted Carrots	Naan Bread Steamed Brown/White Rice Steamed Broccoli Roasted Cauliflower	Seasonal Salad Garlic Focaccia Mange Tout Roasted Roots	Oven Baked Fries Baked Beans/Peas Steamed Broccoli Steamed Cauliflower
JACKET POTATO BAR	Baked Bean Roasted Tomato and Basil Sauce	Baked Beans Mature Cheddar Cheese Sauce Tuna Mayonnaise	Baked Beans Roasted Tomato and Basil Sauce Tuna Mayonnaise	Baked Beans Mature Cheddar Cheese Sauce	Baked Beans Roasted Tomato and Basil Sauce
DESSERT	Chocolate Brownie Greek Yoghurt/Fruit Pot	Vanilla Sponge Cake Greek Yoghurt/Fruit Pot	Oaty Flapjack Greek Yoghurt/Fruit Pot	Lemon Curd Cheesecake Greek Yoghurt/Fruit Pot	White Chocolate Traybake Greek Yoghurt/Fruit Pot

WEEK 8 - BOARDING

Kitebrook
PREPARATORY SCHOOL

WEEKLY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MAIN COURSE	Hunters Chicken	Kitebrook Burger	Lamb Koftas	Beef Lasagne
VEGETARIAN	Pan Fried Spice Halloumi	Kitebrook Veggie Burger	Veggie Sausages	Roasted veggie Lasagne
SIDES	Roasted Sweet Potatoes	Fries Coleslaw and Salad	Flat Bread Tzatziki and Salad	Homemade Garlic Bread Herb New Potatoes
DESSERT	Greek Yoghurt Fresh Fruit and Honey	Cookies and Ice Cream	Fruit Jellies	Cheesecake Pots